

# Coronavirus Stay at Home

[Text: HM Government logo, NHS logo.]

[Text: Coronavirus. Stay at Home. Save Lives.]

[Text: The only reasons to leave home are:]

[Text: To shop for basic necessities or pick up medicine.]

[Text: To travel to work when you absolutely cannot work from home.]

[Text: To exercise once a day, alone or with members of your household.]

[Text: Do not meet others, even friends or family.]

[Text: Coronavirus. Stay Home. Protect the NHS. Save Lives.]