

# Do you need to buy or hire equipment to help you to live at home independently?



Equipment Advice Service offers free impartial advice and guidance to help you choose the right product for your needs. We can offer advice over the phone or by email.

**You can also make an appointment to visit our Independent Living House in Spennymoor.**

Try out a range of equipment including a stairlift, bathlifts, walking aids and kitchen equipment. Specialist sensory support products are available to try. You can also see a demonstration of telecare equipment.



## What is the Equipment Advice Service?

The service provides information on a wide range of daily living equipment; include bathlift, stairlift, mobility aids, household gadgets, communication aids and more.

Our staff can:

- Advise you about specific equipment and services
- Help you find products, information and suppliers
- Make an appointment for you to visit the Independent Living House

Although we do not sell equipment we can provide you with a list of suppliers.



## How do I contact the Equipment Advice Service?

Telephone **03000 265 667**  
between 10am and 3pm  
Monday to Thursday.

Text message 07880 044719

Or email:  
[equipmentadvice@durham.gov.uk](mailto:equipmentadvice@durham.gov.uk)

If you are interested in Telecare demonstrations please contact Care Connect on 03000 262 195 or email:  
[care.connect@durham.gov.uk](mailto:care.connect@durham.gov.uk)