

Adult Social Care – What is Pathways? - video transcript

[At the top left of the image a Durham County Council logo followed by the text 'Adult Social Care – What is Pathways?' is displayed. Both are visible throughout the video.]

[Paul Graydon, Countywide Pathways manager.]

[Head and shoulder video of Paul facing left as he speaks. He is wearing a dark coloured 'V' neck jumper and shirt with an open collar. He has short cropped hair, beard and moustache and is wearing dark rimmed glasses. The wall behind is dark pink.]

[Paul Graydon speaks.]

[As Paul speaks short video clips are shown: An aid to calm and visually stimulate which has bubbles flowing in green liquid shown followed by a Pathways user interacting with a video game (a grid of variously coloured dots being burst), a moving background of various coloured shapes and a Pathways user in her chair smiling and looking around.

This is followed by short clips showing Pathways users interacting with members of staff, whilst sat on the floor around a moving picture, with variously coloured shapes moving across a coloured, striped background, which is being projected onto the floor.]

Pathways is a service for predominately people with learning disabilities within County Durham.

We have five pathways, one in Stanley, in the Derwentside area. We have one in central Durham and we have one in Easington in the Peterlee area, and we have one in Newton Aycliffe and one in Spennymoor. We do have a referral process through the local care coordinator etc. But certainly, at any time if people want to come and have a look at the services that we provide in pathways we would more than welcome that.

[A Pathways member of staff is kneeling, bouncing on a trampoline.]

[Pathways staff member]

Hiya, this is rebound therapy. This is the therapy that we do three times a week.

[Short video clip shows three people standing, bouncing on a trampoline; two staff members and a service user who looks extremely happy, smiling. One staff member is holding hands with the service user to support them balancing and the trampoline moves up and down.]

It's to encourage people like Stuart to relax and open up. As you can see his chest ways are all open up at the moment. Do you enjoy it Stuart?

[Stuart, a Pathways user, is lying on cushions on the trampoline beside the member of staff kneeling, working with him. Two people are standing on the floor, one each side of the trampoline.]

[Stuart]

Yeah.

[Pathways staff member]

Do you like the relaxation part?

[Stuart.]

Yeah.

[Pathways staff member]

Do you like the vigorous bouncing?

[Stuart.]

Yeah! [Laughs]

[Paul Graydon.]

[A series of video clips are shown whilst Paul speaks which show staff members interacting and helping the service users around the facility. The clips include the following. Setting a user comfortable in their chair which rocks to-and-fro. Explaining how to use a physiotherapy aid that a seated service user is holding in their hands. Two staff members turning a person lying on a bed. Service users and staff sat around a projected coloured panel with moving shapes. Finally, two people seated and waving in the direction of the camera.]

We also look at having a number of other services that's out of our day centres, so we would utilise hydrotherapy services in the pools.

Part of our services is about working with multiagency approach. So, we support people with physiotherapists, speech and language therapists etc. and the recommendations that we have from them, them other professionals, we put into practice and which supports the service user not only within pathways but also within the home environment as well.

[Still video clip of text and images]

[The screen is split into two halves with images on the left half and text on the right half]

[The three images in the left half show:

Top left quarter of image half – Two ladies in swimwear standing in a swimming pool.

Bottom left quarter of image half – A man is seated at a table, painting yellow a black disc.

The rest of the image half is filled with an image of a service user in a chair getting a waterproof cover attached.]

[Text in the right half of the image is as follows

[Text in dark blue, on a white square of colour at the top right reads]

Care and Support

[Below, in very large text] Pathways

[In a curved, yellow band of colour with text in dark blue.]

For therapeutic, multi-sensory and bespoke activities.

[White text, on a light blue square of colour at the middle right reads.]

Specialist care hub delivering lively and enriching therapeutic and multi-sensory activities for adults with disabilities.

[in bold] www.durham.gov.uk/pathways

Care hubs are based in Durham, Newton Aycliffe, Peterlee, Spennymoor and Stanley.

[Across the full width of the image at the base of the screen is a band of dark pink colour with the Durham County Council logo overlaid at the bottom right.]