



Class Booking Criteria

Class: Discovery Duckling

Age: 4 months to 2 years

Achievable Awards: Swim England – Discovery Duckling 1 to 4

Conditions: Must be no younger than 4 months old and no older than 2 years old

NB: Children under the age of 4 months old are not permitted to swim in this class

Class: Duckling

Age: 2 to 3 years

Achievable Awards: Swim England - Duckling 1 to 4

Conditions: Must be no younger than 2 years old and no older than 3 years old

NB: Children under the age of 2 years old are not permitted to swim in this class

Class: Pre-School

Age: 3 to 4 years

Achievable Awards: Swim England - Stage 1

Conditions: Must be no younger than 3 years old and no older than 4 years old

NB: Children under the age of 3 years old are not permitted to swim in this class

Class: Non-Swimmer

Age: 4+ years

Achievable Awards: Swim England - Stages 1 and 2

Conditions: Must be no younger than 4 years old and no older than 10 years old

Unable to swim 5 metres on the front without support or aids

Unable to swim 5 metres on the back without support or aids

NB: Children under the age of 4 years old are not permitted to swim in this class

Class: Beginner

Age: 4+ years

Achievable Awards: Swim England - Stages 3 and 4

Conditions: Must be no younger than 4 years old and no older than 10 years old

Able to swim 5 metres on the front without support or aids

Able to swim 5 metres on the back without support or aids

NB: Children under the age of 4 years old are not permitted to swim in this class

Class: Improver

Age: 4+ years

Achievable Awards: Swim England - Stages 4 and 5

Conditions: Must be no younger than 4 years old and no older than 10 years old

Able to swim 10 metres on the front without support or aids

Able to swim 10 metres on the back without support or aids

Able to kick 10 metres on the front without support or aids

Able to kick 10 metres on the back without support or aids

NB: Children under the age of 4 years old are not permitted to swim in this class



Time to swim pathway: Booking Information



Class: Advanced

Age: 4+ years

Achievable Awards: Swim England - Stages 6 and 7

Conditions: Must be no younger than 4 years old

Able to swim for 10 metres for all 4 individual strokes with arms and legs, correct breathing and timing for each stroke without support or aids

NB: Children under the age of 4 years old are not permitted to swim in this class

NB: It is the customer's responsibility to book, pay and top up the correct class. All sessions must be paid for at the time of booking during the week of commencement and advanced bookings are not permitted. All sessions are subject to change and availability and sold on a first come first served basis.

The Louisa Centre, Front Street, Stanley, DH9 0TE | 03000 262449 or 262456
Consett Leisure Centre, Medomsley Road, Consett, DH8 5HU | 03000 262492 or 262493



@durhamcouncil



durhamcouncil

www.durham.gov.uk/leisure Time to swim

