

My story



My story

My Story - Introduction

Important information for children, young people and their parents or carers.

Durham County Council would like to acknowledge the work undertaken by Early Support in developing a set of resources that can be used by families and by people who are working with them.

This document is based on the "Our Family, My Life", a resource from Early Support. The 'Our Family, My Life' resource is a family-held or young person held record, which brings together all relevant information about a child's or young person's needs and services supporting the child/young person and family.

This document can help you tell health practitioners, child minders, teachers, social workers or other practitioners about you and your family. It will help you not to have to repeat your story to every new person you meet. It can also help practitioners find a starting point in their work with you. It supports you through change and provides you with a way to keep a complete list of up-to-date contacts, helping you pass on accurate information to other people and giving practitioners a snapshot of all of those working with you and your family.

For completion by parents/carers

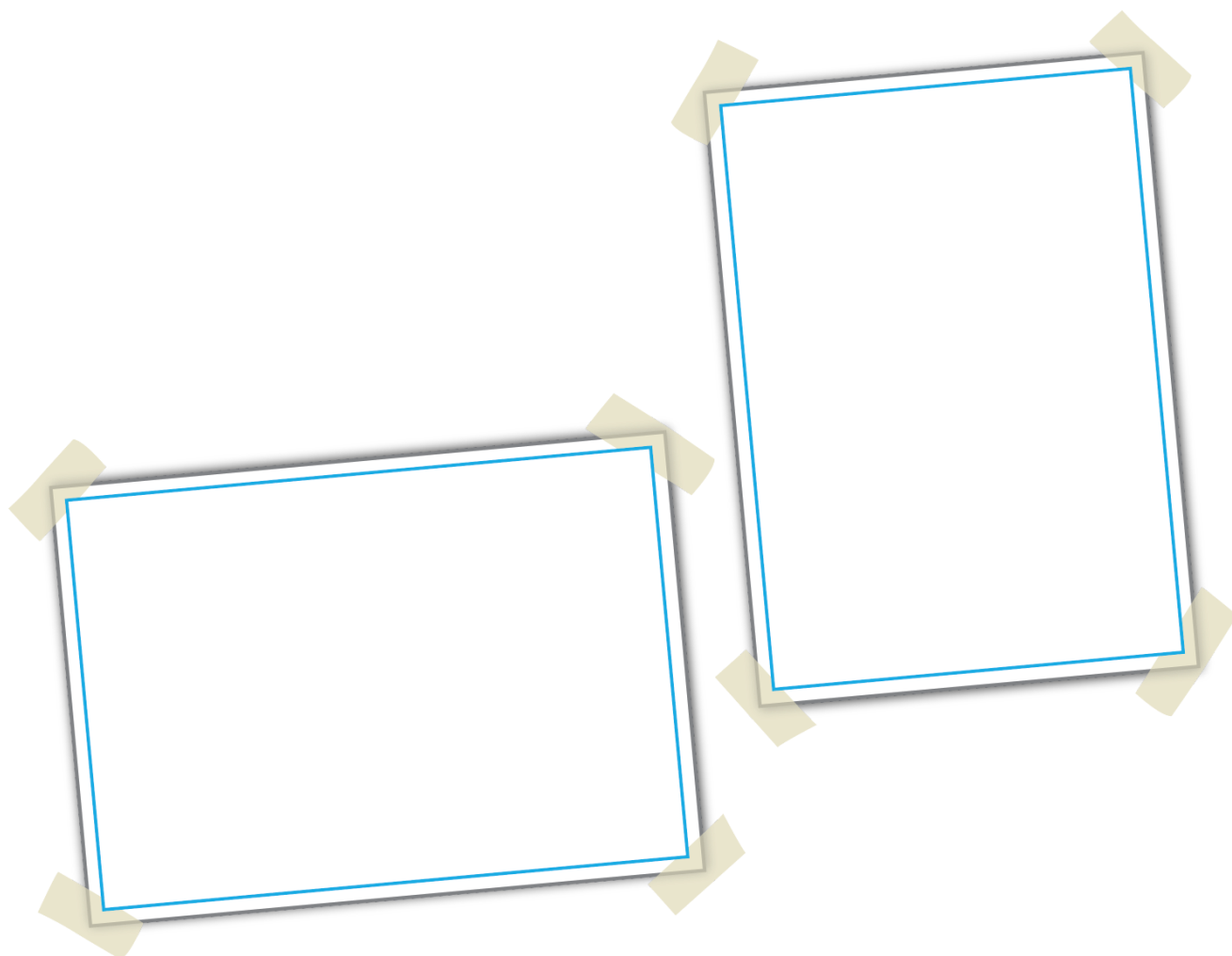
I agree that this information can be shared with professionals involved with:

Child's name:	
Signed:	
Date:	

My name is...



Insert a photograph or two of you and/or your family in the boxes below.

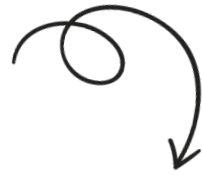


I chat by (e.g. speech, signing, PECS)...



MyStory

Information about me



Full name:

Date of birth:

Contact address:

Parent or carer (indicate parental responsibility)

Telephone (including mobile)

Email:

NHS/National Insurance Number:

Other relevant registration numbers:

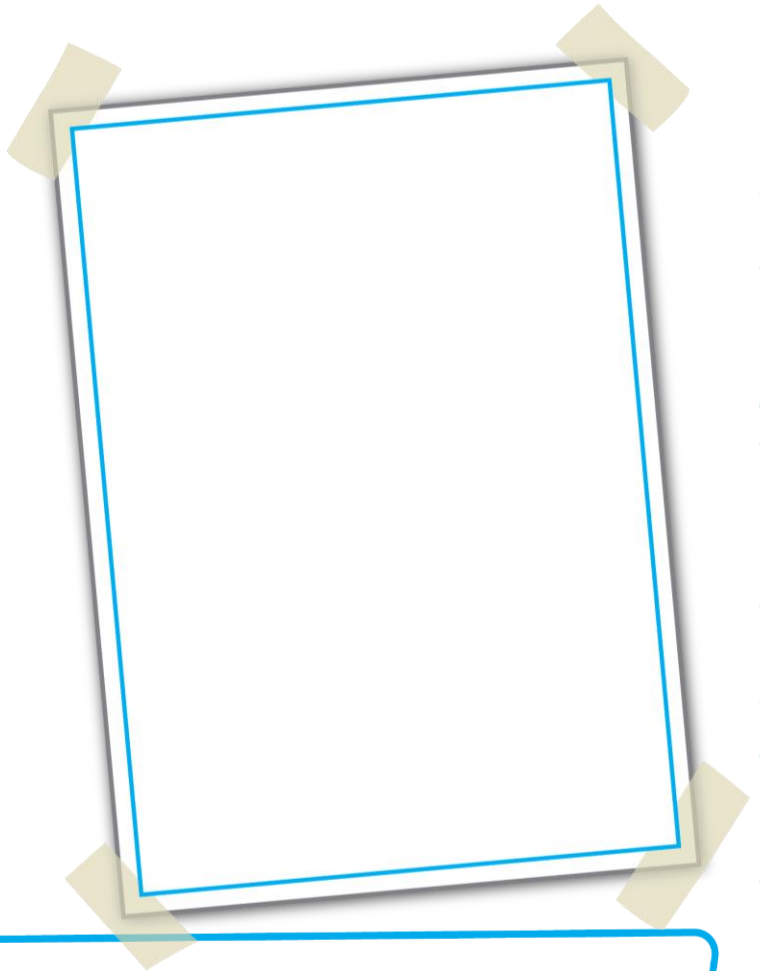
The best times for me and my family to meet up with you are:

School/college work details (if appropriate)

Language used at home:

My story

Insert your photograph in the picture box.



What people like and admire about me

What's important to me now...

The best way to help me now...

My story

parents' or carers' views about me

What's important to them now...

The best way to help me now...



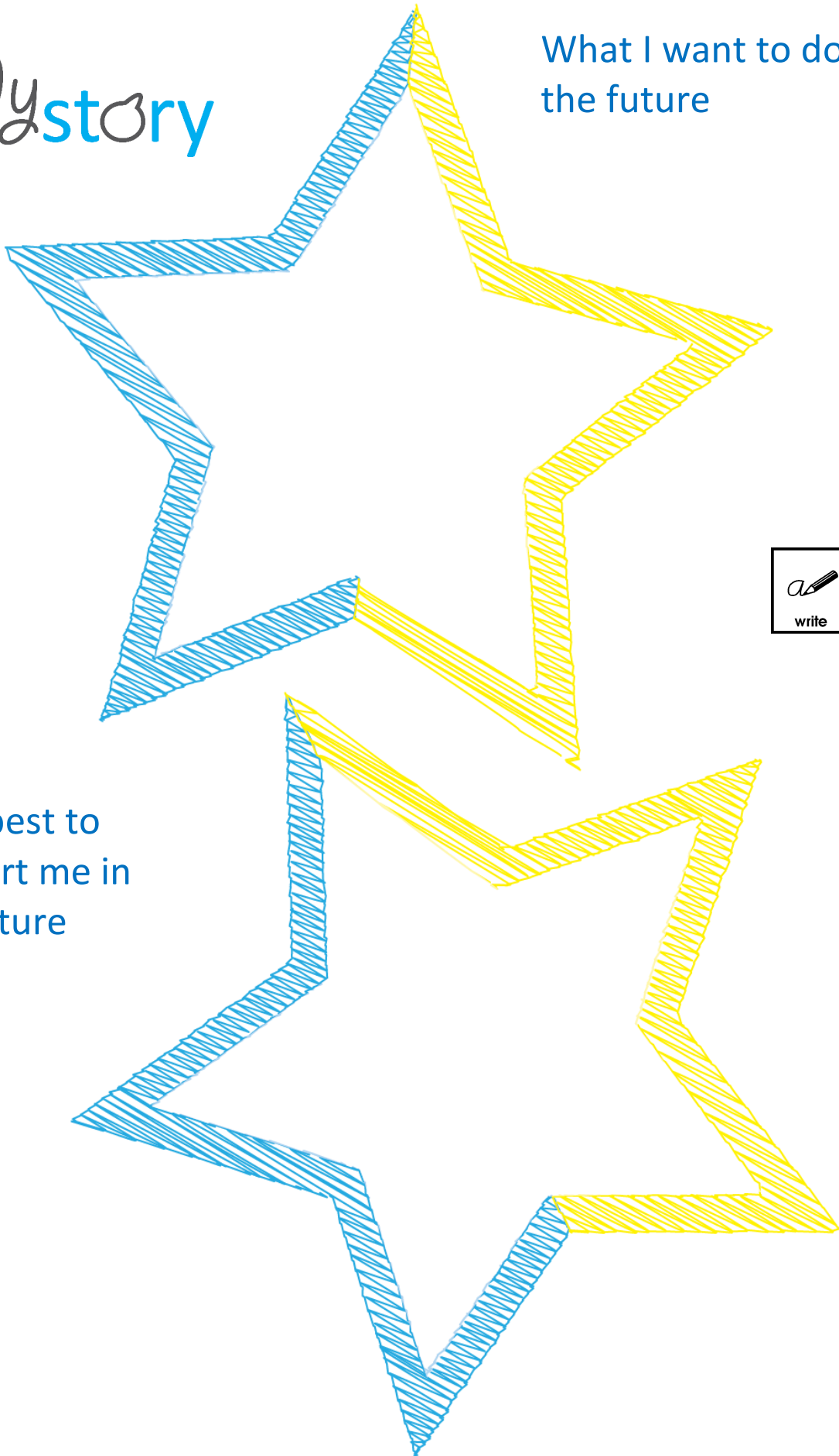
My story

These are some of the important people in my life

A large blue target graphic with a red heart in the center. Ten white rectangular boxes are pinned to the target with colorful pushpins (yellow, blue, pink, red). The boxes are arranged in a circular pattern around the heart, with some overlapping. Each box is intended for writing the names of important people in the child's life.

mystory

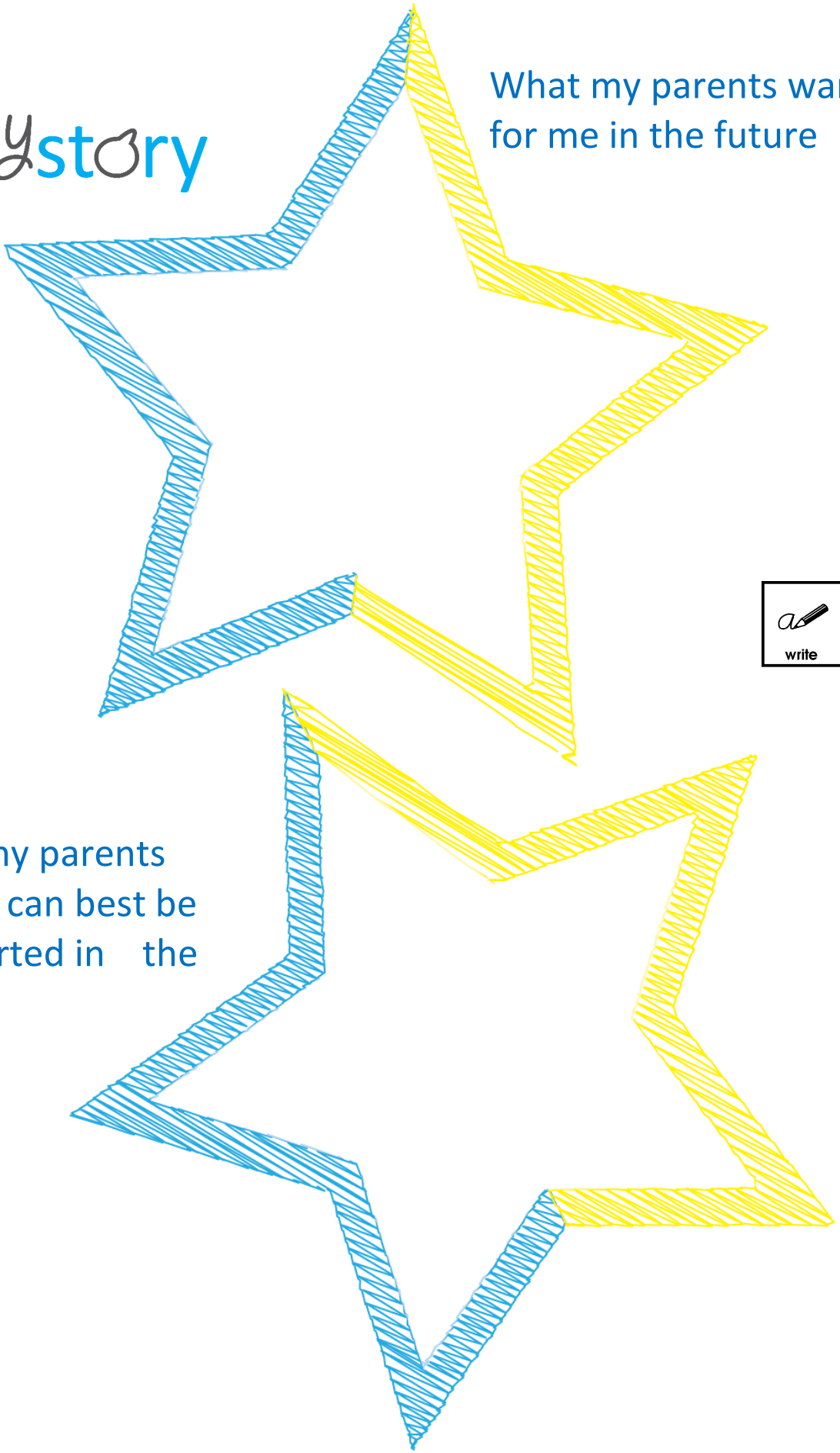
What I want to do in
the future



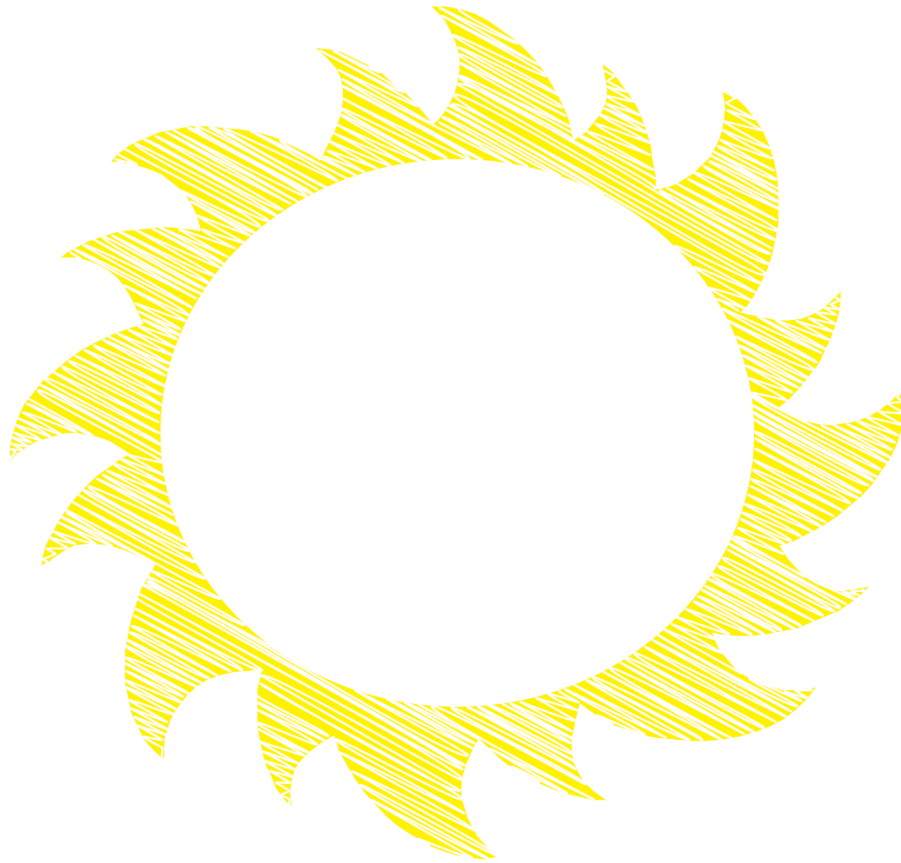
How best to
support me in
the future

My story

What my parents want for me in the future



How my parents think I can best be supported in the future



What's not working so well



My story

People working with me and my family

Full name:	
Professional role:	
Telephone or mobile number:	
Email:	
Date of first contact:	

Full name:	
Professional role:	
Telephone or mobile number:	
Email:	
Date of first contact:	

Full name:	
Professional role:	
Telephone or mobile number:	
Email:	
Date of first contact:	

Full name:	
Professional role:	
Telephone or mobile number:	
Email:	
Date of first contact:	