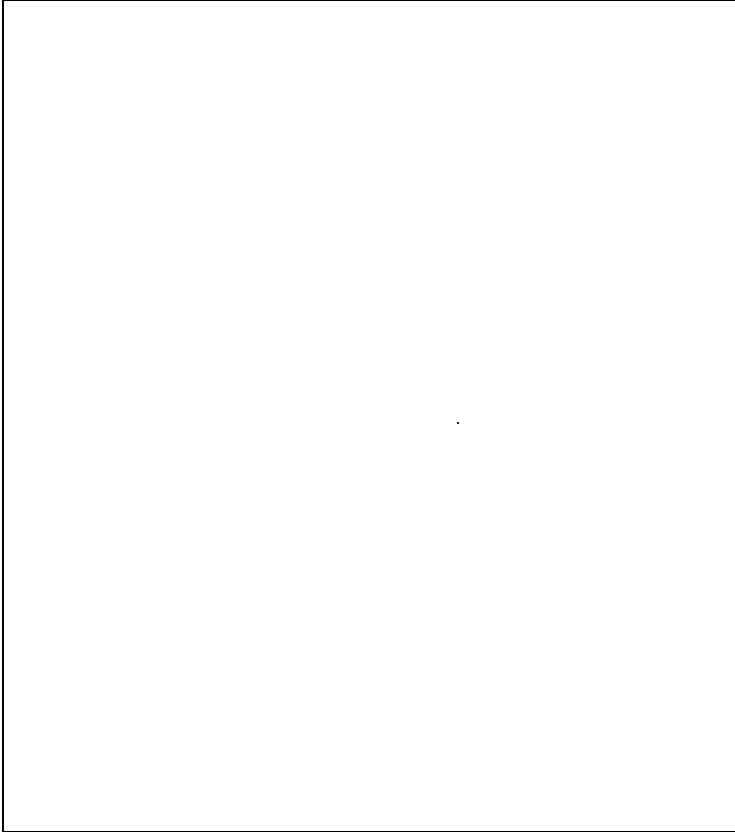


# My Story



[Click to reset photograph/picture](#)

**My name:**

**Date:**

# Information about me

**Full name:**

**Contact address:**

**D.O.B.**

**NHS/NI number:**

**Other relevant numbers:**

**My nursery/school/college/workplace is:**

**Contact name and number for where I attend:**

# Information about me

Parent or carer's name/s (indicate parental responsibility):

Siblings (with ages):

Telephone number:

Email:

Language used at home:

How I communicate best with others:

The best place and times for me and my family to meet up with everyone are:

# More about me

Useful background information about me:

# More about me

Important people in my life

# What people say about me

This is what my parents/carers say about me:

This is what my key person says about me:

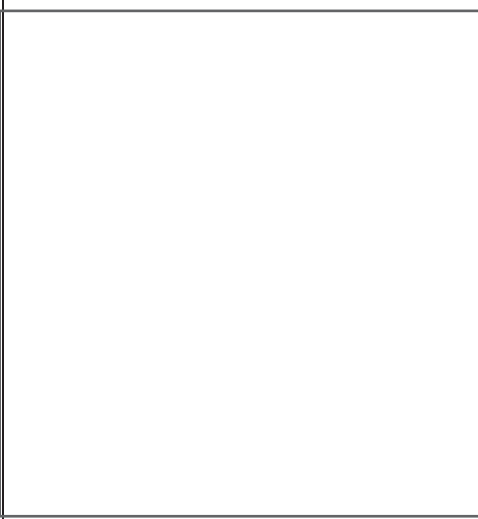
This is what \_\_\_\_\_ says about me:

# What people say about me

This is what \_\_\_\_\_ says about me:

This is what \_\_\_\_\_ says about me:

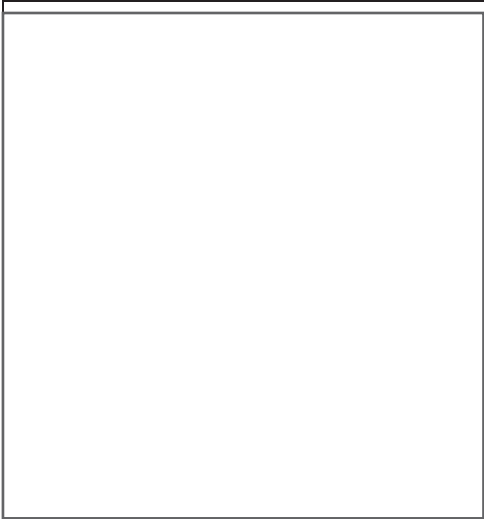
# Lovely pictures of me



Reset photograph or picture



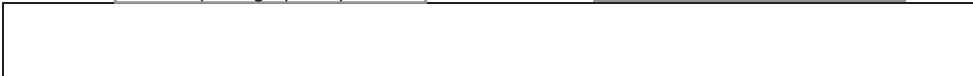
Reset photograph or picture



Reset photograph or picture

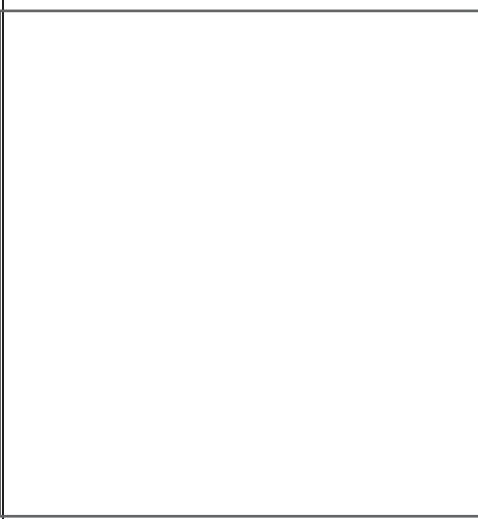


Reset photograph or picture





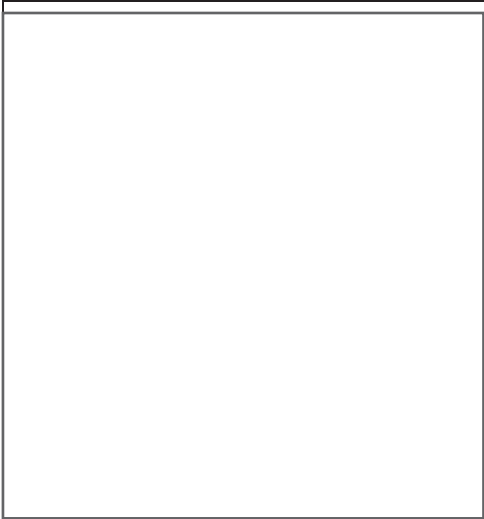
# Lovely pictures of me



Reset photograph or picture



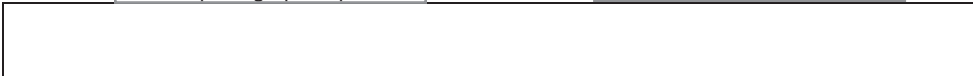
Reset photograph or picture



Reset photograph or picture



Reset photograph or picture



# How best to support me

The things that are working well for me:

The things I sometimes struggle with:

# How best to support me

The best way to help me right now:

Things I'd like to be able to do soon:

# How my parents/carers feel

This is what is important to my parents/carers right now:

This is what my parents/carers would like to help me with:

# How my parents/carers feel

Things my parents/carers would like for the future:

# Contacts - professionals

Full name	
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Professional role	
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Telephone number	
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Email	
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Date of first contact	
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Full name	
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Professional role	
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Telephone number	
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Email	
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Date of first contact	
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Date of first contact	
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Full name	
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Professional role	
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Telephone number	
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Email	
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Date of first contact	
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# My Own Mark



Reset photograph/picture



**Drawing/writing by me**