Summer Fun and Food 2022 video transcript

[Joyful music throughout]

[Image: Sand, ice lollies and palm leaves on blue sky background]

[Text: Logo Durham County Council]

[Text: Fun and Food Summer 2022]

[Image: Animation, orange butterfly lands on flourish of R for Summer]

[Video clip: Boy running in grassy area waving hands, other families follow]

[Video clip: Scene of the beach through an arched bridge, families walking down through woodland to beach]

[Text: "What a fantastic day out for the whole family..."]

[Video clip: Close up of father lifting stones on the beach with two children watching behind]

[Video clip: Four children looking in rockpools on the beach]

[Video clip: Close up of children and an adult looking into a white plastic tub at sea creatures they have caught including a crab and fish]

[Video clip: Close up of a crab in a clear plastic cup]

[Text: "...lots to learn and discover and great food too!"]

[Video clip: Close up of children peering into the white plastic tub filled with sea creatures, a boy with a blue hat lifts out a crab then replaces]

[Image: Plates of food on a wooden table with tomatoes, lettuce, cucumbers, carrots and wrapped sandwiches in the background]

[Video clip: Scene in library, A man is holding up a large book and talking, he pans the book around to the audience of young children with their parents]

[Video clip: Close up of a boy stroking a snail, another boy claps]

[Video clip: Young girl holding a beetle, she laughs, other children watch]

[Video clip: Close up shot of the girl's hands holding the beetle]

[Video clip: A snake on a yellow mat moving towards seated children]

[Text: "The kids really enjoyed getting to hold the creatures"]

[Video clip: A group of seated children stroke the snake, one girl is holding the snake supported by the man, the children raise their arms and make a muscle pose]

[Video clip: Seated children laugh in the background as the man (presenter) with a Zoolab logo on his shirt attempts to get the jumping frog back into it's clear habitat box]

[Video clip: Close up of a spider crawling along the floor, the camera pans out and a boy in kneeling down looking closely at the spider]

[Text: "My little boy was fascinated"]

[Video clip: Close up of a girl holding a centipede, she laughs as the centipede crawls across her hands as it tickles]

[Video clip: Camera pans downwards on a stain glass window with images of saints and a central stone statue]

[Image: Boy smiling holding peg doll that he has made, dressed in the style of a saint from the stained glass windows]

[Video clip: A group are gathered round an adult with their hands up, a boy at the back jumps up and down excitedly with his hand up, large pictures are hung on the wall in the background]

[Text: "what a great place for a day out and educational too"]

[Video clip: Boy pushes lever on a badge making machine, an adult supervises, the boy nods in approval]

[Video clip: families are choosing lunch from long tables with food for lunch, they have white paper bags to take food away]

[Video clip: two girls skate by in circular motions on roller skates, they are holding hands and facing each other, other skaters are practicing in the background]

[Video clip: girls on roller skates are practising skating in a hall, one girl makes a circle]

[Text: "The children and volunteers had lots of fun together..."]

[Video clip: One girls practices making circle formations on roller skates]

[Text: "...unlocking new skills, achieving goals and developing through play and guided activities"]

[Video clip: Another girl practices making circle formations on roller skates]

[Video clip: A boy and a girl pass the camera both making multiple circular formations]

[Video clip: An male instructor shows a group of young people how to create fire using flint and steel]

[Text: "It makes me so happy to think the children are getting such knowledge"]

[Video clip: Close up of the instructor showing three boys how to create fire, another female instructor watches in the background]

[Video clip: Close up of boys hands attempting to make fire using flint and steel]

[Text: "Thank you so much for a fabulous week"]

[Video clip: Close up of fire that has been created]

[Video clip: Young people making paper rockets at a desk with an instructor observing their work]

[Video clip: Two teenage boys working together making a paper rocket]

[Video clip: Female instructor is stood at the front of the class demonstrating how the rockets will work when pumped up with air, the rocket flies off across the classroom as the students watch]

[Text: "The activities have been a lot of fun"]

[Video clip: Young people are outdoors testing their paper rockets, the instructor pumps up air though a pumping device, the rocket shoots into the air, the students watch]

[Video clip: A group of young people test the rockets themselves, pumping air into the rockets, the camera follows the rocket that has launched high into the air]

[Video clip: A group of children (outdoors) gather round a fire pit and are toasting marshmallows, the instructor watches and instructs the young people, another boy approaches from the group waiting for their turn]

[Video clip: Close up of the marshmallows being toasted on the fire]

[Text: "It was the best thing ever!"]

[Video clip: A group of young people are playing rounders/cricket on a field, a girl throws the ball and a young boy hits the ball high in the air with the bat and the group watch to see where the ball has gone]

[Video clip: A primary aged girl saws a piece of wood in a classroom with a hand held jigsaw, a teacher supports the girl]

[Video clip: A primary aged boysaws a piece of wood in a classroom with a hand held jigsaw, a teacher supports the boy, other children are busy making craft items]

[Video clip: Close up of a 3D printer, there are 3D names on the printer.... Isabell and Amelia]

[Text: "It's like school but fun-i-fied"]

[Video clip: A group sitting on the floor, Samba drums are in the foreground, the group are tapping their drumsticks on the floor to the beat of the instructor]

[Video clip: Drumming group are stood up and listening to the instructor, they are all wearing headphones to protect their ears]

[Text: "It was great as we got to input our ideas into the show we created"]

[Audio from instructor: joyful background music fades out... Instructor says 'After four, one, two, three four,' then the sound of the group drumming as they begin and the instructor claps along]

[Video clip: Close up of a three young people drumming]

[Audio: joyful music in background restarts]

[Video clip: Karate instructor at the front of a hall is demonstrating to children a karate kick, the children replicate what they see]

[Video clip: Karate instructor lunges sideways in a stretch position, the children replicate what they see]

[Video clip: Karate instructor demonstrates a sideways step and punch, the children replicate what they see]

[Video clip: Four boys playing tennis outdoors, children play in the background on wooden play structures]

[Text: "A great range of activities that kept my kids entertained all summer"]

[Video clip: young people playing volleyball outdoors. An instructor lifts a young girl up in the air so that she can reach the incoming volleyball]

[Video clip: A group of children playing volleyball with an instructor, the ball comes over the net and a boy lunges to get the ball and lands on the floor]

[Video clip: Close up of the side of a bouncy castle with the words 'party time' written on the side]

[Video clip: front view of the bouncy castle, young children slide down smiling and laughing]

[Text: "My son never comes out of his room, he's done two weeks here, it's a miracle"]

[Video clip: Children playing with soft coloured balls outdoors on a field]

[Video clip: Children readying themselves for a game of tug of war, the camera pans from one side of the tug or war to the other]

[Audio: are you ready, yeah, are you steady, yeah, three two one go]

[Text: "I don't know what I would have done without this holiday club..."]

[Text: "you are lifesavers!"]

[Video clip: Group of children race down an outdoor running track and pass the finish line]

[Video clip: A girl is applying a face mask to another girl that is laid down on a beauty table with a towel covering her]

[Video clip: Two boys are sat on chairs with towels around their necks, a member of staff is applying a gel face mask to one of the boys, there is a boxing ring in the background]

[Video clip: A girl is facing a mirror smiling, a member of staff is plaiting her hair, they are both smiling]

[Text: "We loved every minute"]

[Video clip: A girl is laid on a beauty table with a towel covering her, she has cucumbers on her eyes and a facemask, the girl takes off the cucumbers from her eyes]

[Video clip: Close up of an exercise bike wheel with various sponsors printed on the wheel cover, the wheel starts spinning and pans up where a smoothy drink is being blended by the power of the exercise bike's momentum]

[Video clip: Close up of fruit in bowls on a table, the camera pans to a boy's hands filling the smoothie jug with the fruit as an adult helps]

[Text: "Smoothie making and cooking science. Today 53 children had fun with food...great day"]

[Video clip: A boy is cycling on the bike, the smoothie jug is attached to the front of the bike and is being blended by the momentum of the bike. An adult supports the jug with her hand to stop it falling]

[Video clip: the camera pans across a table filled with fruits and healthy snacks]

[Video clip: Close up of a Club sandwich method sheet of paper with clingfilmed sandwiches and other healthy foods in the background]

[Text: "My favourite part was lunch, the food combos were endless"]

[Video clip: Special needs young person is choosing a felt tip from a box filled with craft items, the camera pans to the table where there are cut outs of fruit shapes, stickers and other paper activities]

[Video clip: Special needs young people and parent completing craft tasks at a desk with an advisor chatting to them]

[Video clip: A boy and adult playing swing ball in a hall]

[Text: "We had an awesome afternoon, thank you"]

[Video clip: Girl runs to mini trampoline and somersaults into a foam pit in a pink gym, a parent videos on her mobile phone]

[Video clip: A boy is walking along a beam in the pink gym, holding hands with an adult]

[Text: "great to see some activities that cater for special needs"]

[Video clip: a girl and a father who is holding onto his child are bouncing on the trampoline]

[Video clip: A mother pushes her two children on a circular swing in the pink gym]

[Text: "Lovely to see so many children enjoying themselves in a safe space"]

[Video clip: Children and adults bounce together on a trampoline, they are smiling and laughing]

[Video clip: Young people are paddleboarding on a lake, an instructor is making motions with her arms on how to paddle]

[Text: "Our summer was the most amazing ever!"]

[Video clip: An adult and child are hoola hooping, children and adults are having a sack race and are laughing]

[Text: "We had so much fun"]

[Video clip: young people are dancing in the dark with disco lights on a mobile bus]

[images: a smiling boy on the mobile bus with his thumbs up, three girls smiling outside of a van with the words 'Gamer entertainer']

[images: A smiling boy on a horse, Boys in a fire engine, one of the boys is hanging on to the outside of the fire truck door ']

[images: a smiling girl showing off her woodland created face sculpture, two boys, one of the boys is sitting on a trike, the other boy is standing up']

[images: a smiling boy with an icecream, boys in an indoor climbing room. The boys are smiling, two are holding up their thumbs']

[images: Close up of a smiling girl wearing glasses, a girl is kneeling down and looking up through binoculars made out of card, she is outdoors in a grassy area]

[images: a boy with special needs is running his hands through a sensory picture, a girl with down syndrome is holding a large snail and smiling']

[video clip: A girl is sliding down a foam sheet of plastic, it is sunny outside, a boy follows down the sheet.]

[images: A boy covered in foam, outdoors at a party, a girl covered with paint, outdoors at a party']
[images: a smiling boy with his thumbs up covered in foam, other children are in the background]
[text: A big thank you to all of our partners and providers]
[Image: Sand, ice lollies and palm leaves on blue sky background]
[Text: Logo Durham County Council]
[Text: For more information about Fun and Food email funandfood@durham.gov.uk]
[Image: Animation, orange butterfly flies off screen which has been sitting on the R for Summer]
[Text: or join our Facebook group at www.facebook.com/groups/funandfoodcountydurham]
[Audio: sounds of birds]

End