

Now You're Talking Transcript

[Ambient audio: Sounds of waves crashes, birds and people walking]

[Text: Now You're Talking text in a speech box]

[Pictures: A man and woman walking together on a beach]

[Woman speaker to man: Are you all right love?]

[Man speaks to woman: Yeah, I'm fine.]

[Woman speaks to man: Are you sure?]

[Man speaks to woman: Well actually, I have got some stuff going on.]

[Female voiceover: Now you're talking to a friend]

[Male voiceover: Now you're talking on a walk]

[Multiple voices: Now you're talking!]

[Female voiceover: We've all got stuff going on but remember talking to someone you trust can often help. Don't keep things bottled up]

[Male voiceover: Talk to someone.]

[Text: Now You're Talking [DURHAM.GOV.UK/NOWYOURETALKING](https://durham.gov.uk/nowyouretalking) Durham County Council]

[Female voiceover: Visit durham.gov.uk/nowyouretalking for more info]