

Christmas 2022 Fund and Food video transcript

[Christmas themed music throughout]

[Image: Blue screen with a Christmas wreath border]

[Text: Fun and Food – Holiday Activities with Healthy Food’]

[Text: Christmas 2022]

[Video clip: Disco ball projecting lights onto trees and surrounding area at the Forest of Light exhibition at Beamish Hall]

[Video clip: ‘Forest of Light’ sign lit up against a tree (evening/dark)]

[Video clip: A group of children sit in a circle whilst an adult reads from a book at the Forest of Light exhibition at Beamish Hall]

[Video clip: A group of children play under some artificial snow (falling) at the Forest of Light exhibition at Beamish Hall]

[Text: ‘We had a great day out spending quality time as a family’]

[Video clip: A mother smiles looking at the artificial snow (falling) whilst holding and rocking her baby at the Forest of Light exhibition at Beamish Hall]

[Video clip: Children play on some metal drums at the Forest of Light exhibition at Beamish Hall]

[Text: ‘This has been an amazing opportunity; the kids have loved it’]

[Video clip: Young children play on some metal drums at the Forest of Light exhibition at Beamish Hall]

[Video clip: Silhouettes of young children dancing and playing with twig figures behind a white screen at the Forest of Light exhibition at Beamish Hall]

[Video clip: Camera pans from a sign saying Dance Fever with two stick figures dancing, to two teenage girls smiling and dancing together at the Forest of Light, Beamish Hall]

[Video clip: Children chasing smoke filled bubbles and clapping the bubbles to burst them at the Forest of Light, Beamish Hall]

[Video clip: Camera moves through an entrance decorated with Christmas decorations (Enter CIC productions)]

[Text: ‘The Christmas production was truly magical from start to finish’]

[Video clip: Actors dance on a stage in a Christmas themed room while children wearing red and white scarves dance along too (Enter CIC productions)]

[Video clip: Santa sits in a chair on stage with other actors around him. A young girl jumps towards Santa excitedly to receive her present (Enter CIC productions)]

[Video clip: Close up shot of Christmas colouring in bags (Enter CIC productions)]

[Text: ‘Thank you to everyone who helped make this happen, to see their little faces is priceless’]

[Video clip: Close up shot of stacked Christmas cakes, mince pies and festive biscuits (Enter CIC productions)]

[Video clip: Close up shot of festive themed boxes with snacks inside (Enter CIC productions)]

[Text: 'My boys had a fantastic time. Thank you for organising such a lovely event and for the food']

[Video clip: Adults hand out to children the festive themed boxes with snacks and Christmas goodies (Enter CIC productions)]

[Video clip: Christmas dressed actors show a group of children how to do some circus tricks (Circurama performance)]

[Video clip: An actor rides a unicycle through an audience of children and adults. He pretends to lose his balance (Circurama performance)]

[Video clip: An actress helps a boy to balance on a four wheeled pedalling toy (Circurama performance)]

[Video clip: An actress performs a light display with two lit up balls on the end of strings (Circurama performance)]

[Video clip: A large lit up dragon prop is leading a procession of families through the streets in the dark. Children follow holding up their hand made lanterns (Jack Drum Arts Activity).]

[Image: A girl applying tissue paper to a cone structure (Jack Drum Arts Activity)]

[Image: A finished lantern in the foreground with a woman demonstrating how to make a lantern in the background with a family watching on (Jack Drum Arts Activity)]

[Video clip: Close up of families walking in the street parade. The children are holding up their hand made lanterns. (Jack Drum Arts Activity).]

[Video clip: A carnival styled person on stilts walks through the streets, various carnival style dancers surround this person. (Jack Drum Arts Activity).]

[Image: A young boy holding a star shaped lantern (Jack Drum Arts Activity)]

[Video clip: Close up of young people drumming at the carnival with instructor. Some of the drums are lit up with strip lights. The drumming can be heard (Jack Drum Arts Activity).]

[Video clip: A performer on stilts wearing a pink costume with lights waves at the camera (Jack Drum Arts Activity).]

[Video clip: A lady in a wheelchair with a blanket of tissue flowers waves at the camera. She is being pushed by another person in a lit up costume. Other people carry handmade lanterns. (Jack Drum Arts Activity).]

[Text: 'What a great activity to do in the Christmas holidays and then they got to showcase their work at the parade - fabulous']

[Video clip: A close up of the children carrying their hand made lanterns at the carnival (Jack Drum Arts Activity).]

[Video clip: Children walk in a circle holding and twirling brightly coloured umbrellas.]

[Image: Two young girls applying glue to tissue paper with an instructor (Jack Drum Arts Activity)]

[Image: Close up of the structure of a lantern with some tissue paper attached (Jack Drum Arts Activity)]

[Image: A mother and son make a lantern together (Jack Drum Arts Activity)]

[Image: A mother and her daughter make a lantern together (Jack Drum Arts Activity)]

[Image: Close up of a young girl's face working on a lantern (Jack Drum Arts Activity)]

[Image: A family making lanterns together (Jack Drum Arts Activity)]

[Image: A family smiling at the camera holding up their finished lantern (Jack Drum Arts Activity)]

[Image: Close up of a young boy smiling and pulling some masking tape from its roll (Jack Drum Arts Activity)]

[Image: Young girl reaching across the table to apply some masking tape to her lantern structure (Jack Drum Arts Activity)]

[Image: Young boy applying tissue paper to his lantern (Jack Drum Arts Activity)]

[Video clip: A street dance instructor on stage shows a group of primary aged children how to street dance.]

[Text: 'Amazing, Hollie just thoroughly enjoyed it'.]

[Video clip: Dance instructor twirls around waving her hands above her head. Children copy her dance moves]

[Text: 'I was able to go to work and not worry about my child. Knowing he was having fun and being fed was the best feeling'.]

[Video clip: Children sit on the floor in a line one behind the other. They wave their arms up and down and to the sides (touching the floor).]

[Video clip: Close up of some healthy fruit and vegetable snacks.]

[Text: 'Really enjoyed the activities and the food was really nice'.]

[Video clip: Close up of some hot dinners.]

[Text: 'she wants to go again next time'.]

[Video clip: Children run in a train formation led by a teacher. The teacher stops and makes a 'choo choo' action with her hand, the children copy.]

[Video clip: A teacher reads from a book and makes expressive actions to represent the story, the children copy.]

[Video clip: A Yoga teacher shows a group of primary aged children how to make some yoga poses.]

[Text: 'It allows my daughter to socialise and gain independence and confidence away from me'.]

[Video clip: A Yoga teacher shows a group of primary aged children how to make some yoga poses. The group are kneeling on the floor and raising and lowering their arms]

[Video clip: A group of primary aged children are creating Christmas decorations. They are sitting on a long desk covered with Christmas crafts.]

[Video clip: A family and an instructor create woodland themed Christmas crafts.]

[Video clip: Two primary aged girls hold up small log decorations which are brightly painted with the initials 'BFF' and two stick figures holding hands.]

[Text: 'We loved everything'.]

[Video clip: Close up of a woodland face on a branch, the face is made from moss, twigs, ivy leaves and clay.]

[Video clip: Close up of a woodland face on a branch, the face is made from moss and clay.]

[Text: 'The crafts were lovely'.]

[Video clip: An instructor shows a boy how to split logs using a traditional method.]

[Video clip: A boy splits a log of wood in two assisted by an instructor.]

[Text: 'The marshmallows and not chocolate went down a treat'.]

[Video clip: Close up of a fire pit and two children toasting marshmallows and fruit pastilles.]

[Video clip: A mother and daughter toast marshmallows on a fire pit with an instructor.]

[Video clip: Close up of party packed lunches in animal themed boxes.]

[Video clip: Children slide down a slide on a large inflatable.]

[Text: 'Thank you, this has filled the gap from school to Christmas otherwise they would have been at home climbing the walls'.]

[Video clip: A girl is having her face painted. The face painter holds up the mirror for the girl to see her face. The girl smiles and nods. Other families are waiting their turn.]

[Video clip: Two young boys watch a lady scoop popcorn into a bag from a large popcorn machine.]

[Video clip: A woman is laughing and making candy floss. A family are chatting and waiting for the woman to serve the Candy floss.]

[Video clip: Children are playing a dancing game in a large hall. The children stop still, and a woman dressed as a snowman inspects the children to see if they are moving]

[Text: 'Can't believe all of this is free, especially at Christmas time when we all need a little help'.]

[Video clip: Santa walks towards the camera ringing a bell. He is surrounded by excited children and a woman dressed in a snowman outfit.]

[Video clip: Close up of Christmas gift bags. Santa is giving out the giftbags to families that are queuing up to see him.]

[Video clip: Santa is chatting and giving a queue of young children Christmas gift bags.]

[Video clip: Camera pans across a table with craft equipment.]

[Text: 'Really good to see activities which cater for Special Needs'.]

[Video clip: A mother assists her son to use a craft tool. Another boy is using the same craft tool independently whilst his mother watches.]

[Video clip: Two boys with their mothers use playdough and glass decorating pens to create Christmas crafts. An instructor demonstrates how to use the play dough.]

[Video clip: Close up of a hand using burning tool to make a pattern on a wooden star.]

[Video clip: A boy kicks a football into a goal. A goalkeeper attempts to save the ball. Other footballers stand to the side of the goal and watch.]

[Text: 'We loved the sessions with AJ Sports'.]

[Video clip: A boy kicks a football into a goal. A goalkeeper attempts to save the ball. Other footballers stand at the goal and watch.]

[Text: 'We'd love to attend more sessions in the future'.]

[Video clip: A boy kicks a football into a goal. A goalkeeper attempts to save the ball. Other footballers stand at the goal and watch.]

[Video clip: A boy kicks a football into a goal. A goalkeeper attempts to save the ball. Other footballers stand at the goal and watch.]

[Image: Secondary aged children in a fitness hall using fitness equipment.]

[Image: A close up of four primary aged children at a climbing centre. The children are smiling and one boy is sticking out his tongue.]

[Image: A teenage boy holding a Christmas glass jar that has been decorated with Santa paintings.]

[Image: A teenage boy has his face and hand on a texture mat and is smiling.]

[Image: A group of children wearing Santa inspired costumes.]

[Image: Two young people holding an inflatable merry Christmas sign wearing Santa inspired outfits.]

[Image: A group of children sitting on benches at Jump 360.]

[Image: A young boy colouring in Christmas images.]

[Image: A girl in a wheelchair is sticking a pin onto a poster fixed to a wall with a picture of santa and the words 'Santa Splat'.]

[Image: A large group of smiling children and two adults stand in front of the 'venga bus'.]

[Video clip: A cardboard container with the words 'Fun and Food, Holiday activities with Healthy Food' filled with 'proper popcorn' and green apples stands beside a Christmas tree with twinkling lights.]

[Text: 'Fantastic! Free swimming sessions with snacks'.]

[Video clip: Two actors perform in a pantomime based on 'A Christmas Carol'. The pantomime is situated in a school hall. Children sit on the floor and watch the performance.]

[Text: 'Amazing, brilliant and fun']

[Video clip: Two actors dance at the pantomime in front of seated children.]

[Video clip: Pantomime actors dance and perform the actions to to the music 'baby shark' with teachers and parents. Children are seated on the floor and are copying their actions.]

[Video clip: Three pantomime actors perform. One actor is holding a poster showing the nine times table multiplication.]

[Video clip: A teacher is at the front of the pantomime stage. She is counting down from three. When the teacher reaches one, the children shout loudly 'thank you'. From behind the pantomime props, the actors shout 'you're welcome. The children and teacher clap.]

[Text: 'This is a fantastic set up and I hope it will be running again in the future']

[Image: Blue screen with Christmas wreath border]

[Text: Thank you]

[Text: To all of our partners and providers]

[Text: For more information visit www.durham.gov.uk/funandfood]

[Text: or join our Facebook group at www.facebook.com/groups/funandfoodcountydurham]