

## Shared Lives Lorraine and Paul

[Soothing piano music]

[Video clip: Female placing scrabble tiles onto board, spelling DURHAM SHARED LIVES]

[Image: Lorraine and Paul on a bench in a park with the three service users]

[Video clip: Lorraine with two female service users at dining table crafting]

[Video clip: Paul standing operating remote control and male service user who is seated playing guitar]

[Video clip: Lorraine and Paul seated at home on their sofa, talking to camera]

[Text: LORRAINE AND PAUL SHARED LIVES PROVIDERS]

[Lorraine] "The guys who live with us are part of our family, and like our extended family include them that way. And they love our family just the same."

[Image: The three service users seated in living room, smiling to camera]

[Video clip: Lorraine and Paul seated at home on their sofa, talking to camera]

[Lorraine] "We have three adults, two ladies and a gentleman that all have varying needs of what they can independently. And we work all of the time to be as independent as we can possibly be for them. Give them as much scope as we can. We don't just go to places where it's for disabled people, we take them everywhere. They're included, like we can give them an inclusive life don't we."

[Image: Lorraine and Paul with the three service users, seated, laughing and smiling]

[Paul] "That is it, yes, yes."

[Video clip: Lorraine and Paul seated at home on their sofa, talking to camera]

[Lorraine] "We just all knock about together like five mates and we just plod on, like go abroad, we do whatever. We've been Blackpool, [unclear 00:00:55], you've been all over."

[Paul] "It's just like family parties, birthdays."

[Lorraine] "Parties, they're automatically invited along with us. Like we come as a group of five and that's it."

[Video clip: Female service users crafting at dining table]

[Lorraine] "Watching them grow and become independent-"

[Paul] "And the changes and-"

[Video clip: Male service user singing into microphone]

[Lorraine] "And regaining skills that, or gaining skills they've never had."

[Video clip: Lorraine and Paul seated at home on their sofa, talking to camera]

[Paul] "And the confidence."

[Lorraine] “And the confidence and their humour coming out. And like being able to provide things like foreign holidays, going somewhere on their own safely and all of them things for us that’s massive, like, you’re changing people’s lives every single day. And having the best time of our life while we’re doing it.”

[Video clip: Male service user seated on armchair]

[Text: DAVID SHARED LIVES SERVICE USER]

“Nice people. Mum’s nice, Paul’s nice. They take us out.”

[Image: Lorraine and Paul with three of them at dining table, laughing, painting, drawing]

[Male service user] “They take us out.”

[Video clip: Lorraine and Paul seated at home on their sofa, talking to camera]

“And you get so much support from Shared Lives. Alison in the team, honestly they’re second to none.”

[Image: Durham Shared Lives Logo. Text: Inspected and rated Outstanding CareQuality Commission Durham Shared Lives Scheme]

[Lorraine] “I would defy anybody to find a management team better.”

[Video clip: Lorraine and Paul seated at home on their sofa, talking to camera]

[Paul] “When we get like seeing new people who want to do this then likes us, me and Lorraine we say, don’t say look if you’re stuck, you feel a bit-”

[Lorraine] “Anytime ring us, day or night.”

[Paul] “Ring us and not just us like, all of the carers-”

[Lorraine] “All of the carers are the same.”

[Paul] “All of the carers you get in touch and they’ll work you through it and on top of that like you say the management and stuff, it’s just a good-”

[Lorraine] “Everybody’s like-minded I think that’s the best way to describe it. And everybody’s happy to help each other.”

[Paul] “Mhmm, yes.”

[Lorraine] “There’s no one-upmanship in Shared Lives. Everybody’s got a shared goal. At the end of the day you’ve got human beings that need guidance, help and support. And everybody really, really puts themselves out to help each other.”

[Image: Glamorous photo of Lorraine and Paul with the three service users at Durham Shared Lives Ball 2023. Standing in front of balloon arch display including feathers and posies, Welcome to Durham Shared Lives Ball 2023 notice.]

[Image: Text in Scrabble tiles: DURHAM SHARED LIVES OUTSTANDING SERVICE award on board with golden crocheted edging and four golden flowers one in each corner]

[Video clip: Lorraine and Paul seated at home on their sofa, talking to camera]

[Lorraine] “When our friends and family started seeing what we started doing, one of my friends Tracey started doing it as well. And then another friend Claire started doing it because they just see like what type of life we have. You know like, I could that, I could live that life, I could give people a life basically.”

[Paul] “And my sister.”

[Image: All five seated on bench in park, smiling and laughing]

[Lorraine] “And then Paul’s sister’s started doing it as well just by seeing what type of life we’ve got. There’s four permanent people going to have a home and we’ve gained a respite bed for carers holidays. And I intend to infect a few more people before I’m finished.”

[uplifting music]

[Image/Text: If you want to make a difference and help adults with additional needs to live independently, Shared Lives could be for you. Please get in touch to find out more

Logo: Inspected and rated Outstanding Care Quality Commission. [www.durham.gov.uk/sharedlives](http://www.durham.gov.uk/sharedlives)]

[uplifting music increases in volume]

[Image/Text: Durham Shared Lives Scheme Supported by County Durham Care Academy Durham County Council]