

Family Hubs - Baby and Me – Elaine

[Logos: Family Hubs, Durham County Council, NHS]

[Text: Elaine – Baby and Me Group]

[Video clip: Elaine seated next to a lit sensory water feature which makes bubbles, which move the plastic fish up and down.]

“My name’s Elaine.”

[Video clip: Little girl with dolls in a doll both, play room with lots of toys. Another baby in shot with mum on soft mat.]

“I’m a grandma to a little girl and we’ve been coming for probably about nine months now.”

[Video clip: Staff member holding little girl, other mums with babies in play room seated on floor on soft mats. Lots of toys in the room, staff and mums talking.]

“And it’s absolutely brilliant. It’s a godsend. There’s loads for her to do.”

[Video clip: Elaine seated next to a lit sensory water feature which makes bubbles, which move the plastic fish up and down.]

“There’s loads of toys, loads of colour.”

[Video clip: Main light switched off, sensory room with soft blue lights, ball pit and cushions and toys.]

[Video clip: Large play room, toys on the soft mats, little tables and chairs, toy kitchen, larger chair for adult, lots of books and little drawers containing toys for little ones.]

[Video clip: Elaine seated next to a lit sensory water feature which makes bubbles, which move the plastic fish up and down.]

[Video clip: Mums, staff member, mum with baby, small child playing on soft mats in older baby play room.]

“Sensory, all these sensory things for when they’re really young babies till they go into the older baby group. And you get lots of advice, lots of help on teething, on food, on feeding your baby when they get old enough to eat ordinary food.”

[Video clip: Elaine seated next to a lit sensory water feature which makes bubbles, which move the plastic fish up and down.]

“Breastfeeding, bottle feeding. And everybody’s really friendly and helpful.”

[Text: To find out more about Family Hubs visit

www.durham.gov.uk/HelpForFamilies]