

Lance Corporal Westaway

Coming home

Also when I came back as well, when we came back to Germany if I was walking down the street I had a habit of as if I was on patrol, having to constantly look behind me to see what was coming from behind me. And then just simple things like I was in Bristol and a bus went whizzing past me and its brakes went off and it just sounded like as if a mortar was going to come landing in. So that sort of shocked me and then just sort of simple things like banging, loud bangs and things like that which catch you off guard. You're still in that frame of mind from being in Afghanistan.