

Thomas Atkinson**Camp Rations**

You used to get what, I used to call them 'penny buns' made, one a day. It was the sort of thing you'd buy for a penny back home, and you'd get one of them and then at lunchtime you got a bowl of skilly, soup of a kind which was more water than anything, and you got a piece of cheese once a week I think. And two days or three days a week the soup contained meat. Never saw the meat like but it's supposed to have meat in it. The only meat I saw, I remember looking through the window of the cookhouse where they were and looking at a big black object, and I realised the black object was flies, the meat covered in bloody great big flies.