

## **Fred Bedlington**

### **Delousing**

In Gdynia they had these big steam boilers, it was a proper place. And the funny thing the chaps who were doing the delousing, we didn't recognise them because they were in these big overalls and hoods on, they were British prisoners of war as well. Anyway they were telling us the ropes, and after that when chaps went to a delousing they used to stuff their pockets with potatoes and after they came out of the steam boiler they were steamed potatoes, after the delousing. Because before that it was common practice for you to just sit on your bed, it was a pastime that, and just nipping all the lice out of the seams of your clothing.